

**“Religion that God our Father accepts as pure and faultless is this:
To look after widows and orphans in their distress...” James 1:27**

One widow’s dream to change the lives of others...

Wiphan Care began in the heart of a Zambian widow named Kunda Tumelo. After losing her own husband, Timothy, God developed a passion and heart for the other widows and orphaned children in the community of Ndola, Zambia. The compounds of Ndola contain thousands of mud homes filled with count-less widows and orphans due to HIV/AIDS. Overwhelmed by compassion, Kunda was given a vision to help the widows and children. A vision to start a ministry called Wiphan (WI=widows + PHAN=orphans) Care Ministries. Kunda later connected with a dear friend in the US, Kevin Jones, and the American support organization was born soon after. Out of Kunda’s loss was born a ministry that brought hope and promise to many women and children who struggle to make it each day. Wiphan’s mission to equip widows and orphans for a productive future life, offering hope to the hopeless through the love of Jesus Christ is inspired by the instruction God gives us in James 1:27. Wiphan strives to take care of our ladies and children by showing them that God loves them and is their provider.

Looking after...

Wiphan’s desire to “look after” widows and orphans comes to fruition through our trips. When you go on a trip with Wiphan, you will quickly realize that the goal of our trips is to love and care for the fatherless and widows. Our aim is to relate to the children and ladies through the love of Jesus Christ. As we develop these relationships through love, service and community, their spirit is strengthened, and we see firsthand how we are made to love others. Through this experience, the people teach us the beauty of worship and a reliance on God that is rarely seen in the US. Wiphan trips are relational in nature and these relationships are the platform on which our ministry exists.

Kenya

Michael Simati is a pastor and founder of Christ Foundation Ministries made up of 12 churches in Bungoma, Kenya and Uganda. Pastor Michael's churches have many orphans and widows who have experienced tremendous loss. Due to extreme poverty and lack of skills, the widows do not make enough money to house, feed, clothe and educate the orphans. Michael’s eldest son, Meshack Simati, was a beneficiary of the World Vision Sponsorship Program as a child. As an adult, Meshack and his wife wanted to find a way to give back. They partnered with several people in the US to begin a nonprofit to care for orphans and equip widows with skills, which eventually merged with Wiphan.

Statement of Faith

At Wiphan, everything we have built and everything we continue to do hinges on our statement of faith. We believe that our savior, Jesus Christ is clear when he commands us in James 1:27 to look after widows and orphans which is our motivation to do so. As a trip participant, it is imperative that your faith and beliefs align with Wiphan and other team members. We believe that as we travel and minister to those in need, we must all be grounded in the fact the God has provided for us a way to fulfill his commission and for his name to be glorified first and foremost in our work. Please read our statement of faith and contact us if you have any questions. In your trip forms you will be acknowledging that you have read and accepted our statement of faith.

WE BELIEVE the Holy Bible to be the inspired, only infallible, authoritative Word of God (II Timothy 3:15, II Peter 1:21).

WE BELIEVE there is one God, eternally existent in three persons - Father, Son, and Holy Spirit (Genesis 1:1, Matthew 28:19, John 10:30).

WE BELIEVE in the deity of Christ (John 10:33),
His virgin birth (Isaiah 7:14, Matthew 1:23, Luke 1:35),
His sinless life (Hebrews 4:15, Hebrews 7:26),
His miracles (John 2:11),
His vicarious and atoning death (I Corinthians 15:3, Ephesians 1:7, Hebrews 2:9),
His resurrection (John 11:25, I Corinthians 15:4),
His ascension to the right hand of the Father (Mark 16:19) and
His personal return in power and glory (Acts 1:11, Revelation 19:11).

WE BELIEVE in the absolute necessity of regeneration by the Holy Spirit for salvation because of the exceeding sinfulness of human nature, and that men are justified on the single ground of faith in the shed blood of Christ and that only by God's grace and through faith alone are we saved (John 3:16-19, John 5:24, Romans 3:23, Romans 5:8-9, Ephesians 2:8-10, Titus 3:5).

WE BELIEVE in the resurrection of both the saved and the lost: they that are saved unto the resurrection of life, and they that are lost unto the resurrection of damnation (John 5:28-29).

WE BELIEVE in the spiritual unity of believers in our Lord Jesus Christ (Romans 8:9, I Corinthians 12:12-13, Galatians 3:26-28).

WE BELIEVE in the present ministry of the Holy Spirit by whose indwelling the Christian is enabled to live a godly life (Romans 8:13-14, I Corinthians 3:16; 6:19-20, Ephesians 4:30, Ephesians 5:18).

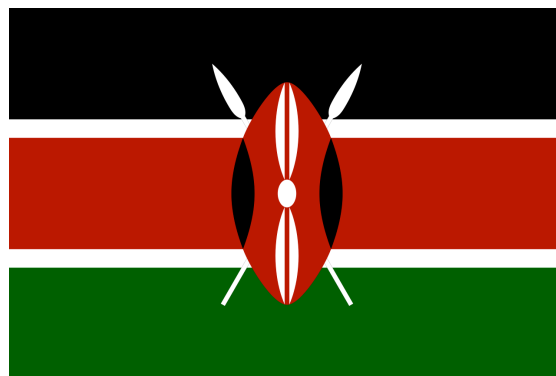
WE BELIEVE that prayer is vitally important to undergird the oneness we have in Christ as a Wiphan family.

WE BELIEVE that the Wiphan should cooperate with the parent or caretaker to provide a Christian education for the child. Compromises will not be made when philosophy is based on Scripture.

WE BELIEVE that the Bible and religious training are a part of every aspect of the Wiphan Ministries program.

Working in Bungoma, Kenya...

Bungoma County is located in Western Kenya; it is an agricultural community with a population of approximately 1.4 million. Nearly half of the population are children under the age of 14. Many of these children have lost one or both parents to disease, including HIV/ AIDS. Bungoma is one of the counties in Kenya faced with a large number of orphans due to HIV/AIDS (6% of 44 million Kenyans live with HIV/AIDS). Other infectious diseases such as typhoid fever, malaria, brucellosis/Mediterranean fever and Rift Valley fever lead to high rates of infant and child mortality, especially if not treated quickly. With God's help, Wiphan Kenya's mission is to provide food, clothing, healthcare, education and spiritual support to orphans in Bungoma County, Kenya



Wiphan Trip Donations

Donations for your trip made via check are to be made out to Wiphan. Make sure when check donations are made, your first and last name is included on an attached note. Have the checks sent to you, so that you can keep track of your donations. Once you have received your donated check(s) and accounted for it, send it to Wiphan, 551 Cox Rd., Roswell GA 30075. Any donation received by Wiphan cannot be returned per IRS stipulations, even if you end up not going on the trip. The funds will be deposited into a trip fund for your trip.

Donations can also be made online via credit card at <http://www.wiphan.org/donate/donate.html>. When a donation is made online select the **Wiphan Donation Fund: Trips** and include the name of the person that the donation is desired to go toward in the **Comments** field. You will be made aware of any online donations on a monthly basis. The processing fee to handle the credit card transaction will be deducted from the donated

amount. Money cannot be refunded once donated, even if the trip is canceled. Note, Wiphan has full control and discretion over the contribution, and is not bound by a commitment or “understanding” that the contribution will benefit a designated individual.

Payment & Fundraising...

The approximate cost of the trip to Kenya is \$2,500 + shots. You will need to have approximately \$1500 raised 90 days before the trip to cover the cost of the airplane tickets. The remainder of the funds is due 45 days before we travel. Actual amounts will be communicated to you by the team leader as expenses are determined.

Fundraising

There are various ways to help raise funds for your trip and we encourage you to invite others to support you in prayer and financially. Here are a few ways to make this process a little easier...

Write a Letter

We advise all trip participants to write a support letter of some sort to their friends and family. Support letters are a great way to share your exciting news and to invite others to walk alongside you in your journey. It's important to have, not only financial, but prayer support from your loved ones as you travel to serve in a third world country. Personalize your letter by explaining why you feel led to participate in this trip with Wiphan and how you will be serving and ministering to the widows and orphans in Africa. We have provided a sample letter in your travel packet to help you. Each trip has the same basic purpose, but some will be more specialized in nature depending on the team. Your team leaders will help you with the specifics for your trip. Not everyone is able to travel to Africa to witness and minister firsthand, so take this opportunity to share the plight of the widows and orphans in Kenya. We also encourage you to follow up with your “support system” upon returning home from Africa. Past teams have followed up with letters and photos of the trip...this is a wonderful way to help friends and family here connect with your experience. You will want to share this experience and what God teaches you through the women and children!

Get creative

We challenge you to come up with your own crazy fundraising ideas...sell doughnuts, hold a garage sale, or even wash cars. Wiphan does have merchandise that can be sold to help raise funds for your trip. Let us know what works! We are always up for new ideas.

Getting there...

Passports

You must have a valid US passport to travel to Africa. It can take up to 8 weeks and a birth certificate to obtain a passport so DO NOT DELAY. Forms may be obtained at your local post office and online at http://travel.state.gov/passport/passport_1738.html. Your passport must have at least 2 BLANK VISA pages facing each other. ***Lastly, your passport cannot expire less than 6 months before entry.***

*KEEP YOUR PASSPORT ON YOU AT ALL TIMES DURING THE TRIP. You may want to purchase an undergarment passport holder. Photocopy your passport twice. Provide one to your team leader and keep one copy separate from the original in case one is lost.

Traveling with Children Under 18 years old

There are new policies for traveling with youths under 18yrs of age on South African Airlines as well as other airlines. It is your responsibility to look into and comply with these regulations. Do to the different rules of each

airline, we are not going to list them here. These rules do require special documentation that can take a while to obtain.

Visas

Currently, we can obtain visas upon arrival in the airport. With travel to Uganda, the plan would be to purchase an East African Visa (US\$100). If the team remains in Kenya, a single-entry visa can be purchased upon arrival or online prior to the trip (US\$50). You will need to bring a crisp \$50 bill with you. Your \$50 bill should be dated after 2009.

Airline Reservations

There are several different combinations of flights that can take you from the U.S to Nairobi, Kenya. Due to cost and the best selection of options, the team leader will make flight arrangements about 4 months prior to departure. Also note, that we will need to schedule a flight between Nairobi and Kisumu.

Ground Transportation

Its costs around \$60 per day to rent and fuel a van that will be used to travel to and from Kisumu airport and for widow and orphan visits. This amount can be divided between the number of travelers.

Vaccines & Medications

Start with reading what is recommend by the CDC on their website. From there, you need to determine what vaccinations and medicine you would like to take. Wiphan recommends being up to date on vaccinations and consider taking anti-malaria medication.

First, consult with your personal physician to see what the best options are for you. If you are in Fulton County GA, most vaccinations can be obtained at the Fulton County Health Department or at Passport Health in Roswell. You must make an appointment at the location of your choice.

Fulton County Health Department
3155 Royal Drive
Alpharetta, GA 30022
404.332.1876

Passport Health
990 Holcomb Bridge Road, Suite 4
Roswell, GA 30076
770.649.1675

Travel Insurance, Waivers & Background Check

Travel waivers and background checks will be required for each team member. Medical insurance, which includes evacuation insurance, will be purchased by Wiphan and the expense will be deducted from your trip fund.

Personal Money

You will need to notify your bank and credit card companies with the dates you will be in Africa, so they do not disable your cards when you use them abroad. Call the 800 number on the back of your ATM card and credit cards to make them aware of the countries and dates of your travel.

Keep international cancellation numbers in a separate place than your credit cards and ATM card in case they are stolen. (800 numbers do not work in Africa) These numbers are typically given to you by the bank when you call to notify them of your trip.

Only bring one or two credit cards and one ATM card. Visa is most popular where we will be traveling. American Express is rarely accepted and Master card usage is limited at ATMs. There are ATM machines in Nairobi and Kisumu. Bring a minimal amount of cash. \$200 is sufficient if you feel you do want to carry cash bring in \$100 or

\$50 denominations; \$20 Bills and below have weaker exchange rate value. If you bring cash, make sure the money is dated 2009 to present. Older bills won't be accepted. *You will not need to pay for anything, except souvenirs, from the time we leave the airport in Atlanta until the time we arrive in Nairobi (upon our return home).

Cell Phones, Adapters & Internet

The team leader will have a cell phone for in country communication. If you are bringing your personal phone, be sure it is set up on an International plan or you have arranged to speak with family and friends via Skype, FaceTime, GroupMe or Whatsapp (when wifi is accessible) because you plan to keep your phone on Airplane Mode.

The team leader will look into a team router and /or SIM cards for personal use.

The standard voltage is 240 V and the frequency is 50 Hz. Please purchase a plug adapter to charge electronics. These can be ordered from Amazon.

Traveling...

Baggage

Baggage restrictions on the airline's changes frequently. As such, your team leader will let you know what the baggage options are for standard coach fair for the trip. Mark your bag with something unique that identifies it as yours, so others do not mistakenly take them. Be sure to check the airline guidelines for specifics. Soft-sided, easy to carry bags are best. Your carryon luggage should contain a full change of clothes, your toiletries (meeting TSA guidelines), your travel documents, and any other "extras" such as a camera, books, medications, etc. We recommend packing a backpack or small tote as your carry on in addition to your personal item. One checked bag is sufficient for the trip.

Pointers for making the long haul to Bungoma...

- Take your malaria medicine 3 days before the trip. If you have any issues with the medicine, they will manifest before the trip and you can get them changed.
- Get a good sleep the night prior to travel.
- If you are prone to motion sickness, take your medication before the flight!
- Please do not check in for your flight apart from the team.
- Arrive at the airport 3 hours before departure, we will specify a meeting place for the team.
- Have all luggage prominently marked with your name and address.

Your Team

We will depart as a team from Atlanta and remain together for the duration of the trip. Wiphan takes every precaution to ensure your safety. We will travel together while in Kenya with a driver selected by the ministry. We will stay together as a group, and we ask that you be aware of your surroundings and keep your valuables secure. Your Trip Leaders are in charge at all times. Discuss issues with the trip leader ASAP, not with other team members.

While we're there...

The purpose of Wiphan Care Ministries service trips is to provide an outlet for the body of Christ to use their gifts to serve one another. Wiphan's standards and policies exist in an effort to create an uplifting environment that honors Christ, and encourages people in their relationship with Him, while also being culturally sensitive.

A typical day will start out with breakfast and morning devotions. This is led by one or two of the trip members. After breakfast, we will head out to do our task for the day. Typically, we will not come back to the farm for lunch, so be sure to fill up at breakfast and feel free to bring a light snack and water. While in the community, be sensitive to the people and their culture. We are invading their territory, and we are very noticeable. Be respectful in our speech and noise volume. Photographs may be taken, but please use common sense and caution when doing so. Think about how you would feel if someone were walking up and down your street taking pictures of your home and kids. We have had locals upset as they thought we were trying to photograph them so that we could sell the photos and profit from their poverty. Please be very sensitive to this. Please use good judgment here. Once our daily task is complete, we will return to the farm for dinner. We will also spend some time debriefing the day and discussing the activities for the following day. Try to get plenty of rest each night!

Eating and Drinking

As discussed above, we will eat breakfast and an evening meal each day. Each meal will consist of foods from the farm: chicken, turkey, veggies, ugali (maize mill), chapati. etc. Stay away from any raw fruits and uncooked vegetables, and make sure that your food is well cooked. We will provide bottled water each day. Do not drink any tap water or open your mouth in the shower; use bottled water to brush your teeth. It's recommended that you pack snacks for the duration of the trip. Bring food that is easy to pack and that will not melt such as: cans of tuna, energy bars, peanut butter, trail mix, etc. Do not pack any glass containers of any kind in your luggage.

The Language

English and Swahili are the two working official languages of the country; however, most of the women and children in the villages will typically only speak in their native local language. There will always be a member of our Kenyan staff available to translate. We encourage you to give some of the Swahili words a try...the women and children love it!

Sharing Contact Information:

You will meet many people on your visit. Please do not give out your contact information unless it is approved by the team leader. Your contact information including Facebook and Twitter names can be used against you if it falls into the wrong hands.

Lodging (Typical locations we stay at)

Small groups of 4 will be hosted on Pastor Michael's compound (farm) which has both flush toilets and outhouses. Groups larger than 4 will lodge at the local hotels within a 10-mile radius of the compound for \$40 a night and will be picked up every morning by the van for daily activities and dropped off in the evening after dinner.

Giving

Wiphan asks that you not offer any money or items to anyone at any time. If you feel led to fill a need it can be done through the Wiphan representative in Kenya by way of your team leader at the correct time. Do not commit to solve a financial issue or commit to provide a gift to anyone at any time. We are there to serve and build relationships with our Kenyan friends.

NOTE: Team members should not ask the Kenyan staff to perform any tasks or errands. If you have a special need or request, please go through your team leaders.

Shopping

These are mainly "market" type settings.

Climate

In Bungoma, the summers are short, hot, and overcast and the winters are long, comfortable, wet, and mostly cloudy. Over the course of the year, the temperature typically varies from 58°F to 86°F and is rarely below 55°F or above 91°F.

Clothing

We have provided a comprehensive list to aid your packing. We want to respect the culture as well as protect ourselves. It's best to stick with a modest, conservative wardrobe. Keep it simple! Do not over pack for the trip. A clean shirt for each day is suggested, but plan to wear pants or skirts multiple times. Laundry services are available by the family. Be sure to keep a change of clothing in your carry-on luggage for the layover. Keep the weight limit and size regulations for luggage in mind when packing. Also, don't forget, you will be responsible for managing your carryon bags so keep those light as well!

Packing Checklist

*Be sure to pack your travel documents in your carryon luggage where they are easy to access.

- | | |
|--|---|
| <input type="checkbox"/> Passport | <input type="checkbox"/> \$50 Bill(Dated after 2009) for Visa |
| <input type="checkbox"/> Toothbrush/Toothpaste | <input type="checkbox"/> Personal first aid kit |
| <input type="checkbox"/> Deodorant | <input type="checkbox"/> Personal Medications |
| <input type="checkbox"/> Razor | <i>*Trip leaders will have a first aid kit for the team</i> |
| <input type="checkbox"/> Shampoo/Conditioner | <input type="checkbox"/> Aspirin/Tylenol/General pain reliever |
| <input type="checkbox"/> Soap | <input type="checkbox"/> Anti-diarrhea medication |
| <input type="checkbox"/> Wash cloth/Towel | <input type="checkbox"/> Sleep Aid |
| <input type="checkbox"/> Brush/Comb | <input type="checkbox"/> Cold/Allergy Medication |
| <input type="checkbox"/> Feminine Products | <input type="checkbox"/> Probiotic (i.e. acidophilus) |
| <input type="checkbox"/> Pocket Kleenex | <input type="checkbox"/> Insect Repellent with DEET |
| <input type="checkbox"/> Glasses/Contacts | <input type="checkbox"/> Eye drops |
| <input type="checkbox"/> Sunscreen | <input type="checkbox"/> Chargers & Cables for Electronic Devices |
| <input type="checkbox"/> Wet Wipes & Hand Sanitizer | <input type="checkbox"/> Ear plugs |
| <input type="checkbox"/> Bible | <input type="checkbox"/> Sunglasses |
| <input type="checkbox"/> Personal Journal & pens or pencils | <input type="checkbox"/> Ipod/Books for the flight |
| <input type="checkbox"/> Photos from home of people, not things | <input type="checkbox"/> Snacks |
| <input type="checkbox"/> Small backpack for everyday use | <input type="checkbox"/> Sneakers or closed toe shoes |
| <input type="checkbox"/> Camera (Bring extra batteries & memory cards) | <input type="checkbox"/> shower shoes |

Extra Suggestions

- | | |
|---|--|
| <input type="checkbox"/> Hats or Bandanas | <input type="checkbox"/> Bed linens/pillowcase (personal preference) |
| <input type="checkbox"/> Book light | <input type="checkbox"/> Laptop computer |
| <input type="checkbox"/> Travel alarm clock | <input type="checkbox"/> Travel or regular pillow |
| <input type="checkbox"/> Passport holder | <input type="checkbox"/> Noise Canceling Headphones |
| <input type="checkbox"/> Hair dryer | <input type="checkbox"/> Flashlight (power outages are common) |

Women:

The ladies in Bungoma dress conservatively, so it's best to keep your clothing choices modest. Long skirts and long pants are the best options; jeans and capri pants are acceptable. Be sure to bring at least one long skirt for the church service. Discreet tops and t-shirts are preferred. Clothing not allowed: shorts, tank tops, halter tops, or low cut blouses. Dresses are okay as long as the length is past the knee. Bring closed toe, comfortable shoes for daily

wear. You will want to bring flip flops for the shower and to wear around your room. A lightweight fleece jacket, hooded sweatshirts, or even lightweight sweaters are great to bring.

Men:

Pack blue jeans, lightweight khakis/cargo style pants. Be sure to pack at least one pair of nice khaki pants and a dress or collared shirt for the church service. Long-sleeved and short-sleeved t-shirts are best. Bring comfortable shoes. Baseball caps are fine for men. Flip flops for the shower and around your room are suggested. A lightweight fleece jacket, hooded sweatshirts, or even lightweight sweaters are great to bring. Packing clothes that can be layered is best.