

**“Religion that God our Father accepts as pure and faultless is this:
To look after widows and orphans in their distress...” James 1:27**

Statement of Faith

At Wiphan, everything we have built and everything we continue to do hinges on our statement of faith. We believe that our savior, Jesus Christ is clear when he commands us in James 1:27 to look after widows and orphans which is our motivation to do so. As a trip participant, it is imperative that your faith and beliefs align with Wiphan and other team members. We believe that as we travel and minister to those in need, we must all be grounded in the fact the God has provided for us a way to fulfill his commission and for his name to be glorified first and foremost in our work. Please read our statement of faith and contact us if you have any questions. In your trip forms you will be acknowledging that you have read and accepted our statement of faith.

WE BELIEVE the Holy Bible to be the inspired, only infallible, authoritative Word of God (II Timothy 3:15, II Peter 1:21).

WE BELIEVE there is one God, eternally existent in three persons - Father, Son, and Holy Spirit (Genesis 1:1, Matthew 28:19, John 10:30).

WE BELIEVE in the deity of Christ (John 10:33),
His virgin birth (Isaiah 7:14, Matthew 1:23, Luke 1:35),
His sinless life (Hebrews 4:15, Hebrews 7:26),
His miracles (John 2:11),
His vicarious and atoning death (I Corinthians 15:3, Ephesians 1:7, Hebrews 2:9),
His resurrection (John 11:25, I Corinthians 15:4),
His ascension to the right hand of the Father (Mark 16:19) and
His personal return in power and glory (Acts 1:11, Revelation 19:11).

WE BELIEVE in the absolute necessity of regeneration by the Holy Spirit for salvation because of the exceeding sinfulness of human nature, and that men are justified on the single ground of faith in the shed blood of Christ and that only by God's grace and through faith alone are we saved (John 3:16-19, John 5:24, Romans 3:23, Romans 5:89, Ephesians 2:8-10, Titus 3:5).

WE BELIEVE in the resurrection of both the saved and the lost: they that are saved unto the resurrection of life, and they that are lost unto the resurrection of damnation (John 5:28-29).

WE BELIEVE in the spiritual unity of believers in our Lord Jesus Christ (Romans 8:9, I Corinthians 12:12-13, Galatians 3:26-28).

WE BELIEVE in the present ministry of the Holy Spirit by whose indwelling the Christian is enabled to live a godly life (Romans 8:13-14, I Corinthians 3:16; 6:19-20, Ephesians 4:30, Ephesians 5:18).

WE BELIEVE that prayer is vitally important to undergird the oneness we have in Christ as a Wiphan family.

WE BELIEVE that the Wiphan should cooperate with the parent or caretaker to provide a Christian education for the child. Compromises will not be made when philosophy is based on Scripture.

WE BELIEVE that the Bible and religious training are a part of every aspect of the Wiphan Ministries program.



Working in Ndola, Zambia...

Ndola is the third largest city in Zambia with a population of 571,000. It's an industrial province in an area known as the Copperbelt. Despite Ndola's industry, 86% of the population lives below the poverty line and 46% below the age of 14. The life expectancy is 64 years old due predominately to the HIV/AIDS epidemic. The real impact of this devastating virus is seen more vividly in the compounds surrounding Ndola where countless women and children call home, living on less than a dollar a day. Babies are often raised by their older sisters and brothers, some only children themselves. We are encouraged by the overwhelming sense of community we find in the compounds. Most mothers who are still alive are raising their children and have also opened their mud homes to the orphans left behind. Wiphan has three schools in neighboring compounds: Nkwazi, Mapalo, and Kaloko. Together these schools serve over 800 orphans and vulnerable children. Nkwazi is also home to the keyboarding, hospitality, Lifespring and Minsundu campus home jewelry programs reaching over 150 widows and older orphans a year. Wiphan provides an education, a meal every weekday, skills training, a medical clinic and most importantly, a biblical foundation for these women and children to have hope for a better future.

Looking after...

Wiphan's desire to "look after" widows and orphans comes to fruition through our trips. When you go on a trip with Wiphan, you will quickly realize that the goal of our trips is to love and care for the fatherless and widows in Ndola, Zambia. Our aim is to relate to the children and ladies through the love of Jesus Christ. As we develop these relationships through love, service and community, their spirit is strengthened, and we see firsthand how we are made to love others. Through this experience the people on Ndola teach us the beauty of worship and a reliance on God that is rarely seen in the US. Wiphan trips are relational in nature and these relationships are the platform on which our ministry exists.



Wiphan Trip Donations

Donations via check are made out to Wiphan. Make sure when check donations are made, your first and last name is included on an attached note. Have the checks sent to you to keep track of your donations. Once you have received your donated check(s) and accounted for it, send it to Wiphan, 551 Cox Rd., Roswell, GA 30075. Any donation received by Wiphan cannot be returned per IRS stipulations, even if you end up not going on the trip or the trip is canceled. The funds will be deposited into a trip fund for your trip.



Donations can also be made online via credit card at <https://www.wiphan.org/donate>. When a donation is made online select the **Mission Trips** and include the name of the person that the donation is desired to go toward in the **"Please use this donation for:"** field. You will be made aware of any online donations on a monthly basis. The processing fee to handle the credit card transaction will be deducted from the donated amount. Money cannot be refunded once donated, even if the trip is canceled. Note, Wiphan has full control and discretion over the

contribution, and is not bound by a commitment or "understanding" that the contribution will benefit a designated individual.

Payment & Fundraising...

The approximate cost of the trip to Zambia is the cost of the flight + \$1500 for in-country expenses. You will need to have approximately \$2800 raised 90 days before the trip to cover the cost of the airplane tickets. The remainder of the funds is due 45 days before we travel. Actual amounts will be communicated to you by the team leader as expenses are determined.

Fundraising

There are various ways to help raise funds for your trip, and we encourage you to invite others to support you in prayer and financially. Here are a few ways to make this process a little easier...

Write a Letter

We advise all trip participants to write a support letter of some sort to their friends and family. Support letters are a great way to share your exciting news and to invite others to walk alongside you in your journey. It's important to have not only financial but prayer support from your loved ones as you travel to serve. Personalize your letter by explaining why you feel led to participate in this trip with Wiphan and how you will be serving and ministering to the widows and orphans in Zambia. We have provided a sample letter in your travel packet to help you. Each trip has the same basic purpose, but some will be more specialized in nature, depending on the team. Your team leaders will help you with the specifics of your trip. Not everyone is able to travel to Africa to witness and minister firsthand, so take this opportunity to share the plight of the widows and orphans in Zambia. We also encourage you to follow up with your "support system" upon returning home from Africa. Past teams have followed up with letters and photos of the trip...this is a wonderful way to help friends and family here connect with your experience. You will want to share this experience and what God teaches you through the women and children!

Get creative

We challenge you to come up with your own crazy fundraising ideas...sell doughnuts, hold a garage sale, or even wash cars. Wiphan does have merchandise to help raise funds for your trip. Let us know what works! We are always up for new ideas.

Frequent Flyer Miles

A significant portion of the trip cost is the Delta Airlines leg from Atlanta to Johannesburg, South Africa. Past cost for this leg of the trip has been around 100,000 – 150,000 Delta Frequent Flyer miles + \$100 in taxes.

Getting you there...

Passports

You must have a valid US passport to travel to Africa. It can take up to 8 weeks and a birth certificate to obtain a passport so DO NOT DELAY. Forms may be obtained at your local post office and online at http://travel.state.gov/passport/passport_1738.html. Your passport must have at least 2 BLANK VISA pages facing each other to board the plane to Johannesburg. Additional pages can be added to your passport through the US Department Passport office. ***Lastly, your passport cannot expire less than 6 months before entry into Zambia.***

*KEEP YOUR PASSPORT ON YOU AT ALL TIMES DURING THE TRIP. You may want to purchase an undergarment passport holder. Make two photocopies of your passport. Provide one to your team leader and keep one copy separate from the original in case one is lost.

Traveling with Children Under 18 years old

There are new policies for traveling with youths under 18yrs of age on South African Airlines as well as other airlines. It is your responsibility to look into and comply with these regulations. Each airline has different rules, so please be sure you are in compliance. These rules can require special documentation for children that can take a many days to obtain.

Zambian Visas

We will obtain our Zambian visas in Zambia at the Ndola airport upon arrival. We will provide you with the required \$50 bill (dated after 2009).

Vaccines & Medications

There are new Covid-19 guidelines in Zambia that allow for a fully vaccinated traveller **Not** to require a negative Covid-19 test result. However for international travellers who are not fully vaccinated, proof of a negative Covid-19 PCR test that is within 72hrs before departure time from the country of origin is required to be produced.

*KEEP THE PROOF OF VACCINATION/PCR TEST RESULT ON YOU AT ALL TIMES DURING YOUR TRIP.

You can further assess the recommendations found on the CDC website and follow what is most acceptable for you. Ensure to check covid-19 restrictions and requirements atleast 3 weeks prior to your trip. If you are in Fulton County GA, most vaccinations can be obtained at the Fulton County Health Department or at Passport Health in Roswell.

You must make an appointment at the location of your choice.

Fulton County Health Department
3155 Royal Drive
Alpharetta, GA 30022
404.332.1876

Passport Health
990 Holcomb Bridge Road, Suite 4
Roswell, GA 30076
770.649.1675

Anti-Malaria profilactics may need to be taken prior to departure (about a week), during the course of the trip, and when back home. Consult with your personal physician to see what the best options are for you.

Travel Insurance, Waivers & Background Check

Travel waivers and background checks will be required for each team member. Medical insurance, that is, evacuation insurance, will be purchased for you by Wiphan, and the expense will be deducted from your trip fund.

Personal Money

We recommend you notify your bank and credit card companies with the dates you will be in Africa so they do not disable your cards when you use them abroad. Call the 800 number on the back of your ATM card and credit cards to inform customer service you are going to be in South Africa and Zambia during your travel dates.

Keep international cancellation numbers separate from your credit cards and ATM card in case they are stolen. (800 numbers do not work in Africa) These numbers are typically given to you by the bank when you call to notify them of your trip.

Only bring one or two credit cards and one ATM card. Visa is most prevalent where we will be traveling. American Express is rarely accepted, and Master card acceptance is limited. There are ATM machines in the places we will be staying. The ATMs in Zambia allow for approximately \$400/day to be withdrawn. We do not recommend you bring cash. If you feel you must, \$200 is sufficient. Bring \$50 denominations; \$20 bills and below have weaker exchange rate value. *The only thing you will need cash for is souvenirs. You will not need to pay for housing/food/transportation from the time we leave the airport in Atlanta, on the first leg of the trip, until we arrive back in the USA (upon our return home). You will be able to exchange for local currency in Ndola.

Cell Phones, Adapters & Internet

If you are bringing your personal phone, be sure it is set up on the International plan or you have arranged to speak with family and friends via Skype, FaceTime, GroupMe or WhatsApp (Wi-Fi is accessible).

There is Wi-Fi in Ndola, but it is intermittent. The speed can be slow, but email can be sent/received when it is working. Plan for the network to be down each day due to power outages.

A adapter strip will be provided for each room on the trip. There is no need to bring power adapters for Zambia or South Africa.

Traveling...

Air Travel

The trip to Ndola is a journey. The first leg is from Atlanta to Johannesburg, South Africa. The actual flight time is approximately 16 hours. Once we land in Johannesburg, we will travel directly to our hotel for dinner and an overnight stay. The following morning we will return to the airport for a two-hour flight to Ndola, Zambia.

Baggage

Baggage restrictions on the airlines change frequently. Your team leader will let you know what the baggage options are for standard coach fare for the trip. Mark all bags with something unique that identifies them as yours, so others do not mistakenly take them. Your carry-on luggage should contain a full change of clothes, your toiletries (meeting TSA guidelines), your travel documents, and any other "extras" such as a camera, books, medications, etc. We recommend you bring a backpack as your personal item and an appropriate sized carry on for the overhead compartment. One checked bag is more than sufficient for

the trip . Although each traveler is allowed two checked bags, we ask each person to pack all personal items in one bag. Your other allocated bag will be provided and packed by us to transport ministry supplies to Zambia.

Pointers for making the long haul to Zambia...

- Take your malaria medicine as prescribed before the trip. If you have any issues with the medicine, they will manifest before the trip, and you can get them changed.
- Get a good night's sleep prior to travel.
- If you are prone to motion sickness, take your medication before the flight.
- Please do not check-in for your flight apart from the team.
- Arrive at the airport 3 hours before departure; we will specify a meeting place for the team.
- Have all luggage prominently marked with your name, address, and whatever you are using to uniquely identify your bags.
- Keep your passport and Covid-19 vaccine/PCR test result on you at all times.

Your Team

We will depart as a team from Atlanta and remain together for the duration of the trip. Although Ndola is a safe place, Wiphan takes every precaution to ensure your safety. We will travel together while in Ndola with the staff member driver. We will stay together in groups, and we ask that you be aware of your surroundings and keep your valuables secure. Your Trip Leaders are in charge at all times. Discuss issues with the trip leader ASAP, not with other team members.

While we're there...

The purpose of Wiphan Care Ministries service trips is to provide an outlet for the body of Christ to use their gifts to serve one another. Wiphan's standards and policies exist in an effort to create an uplifting environment that honors Christ and encourages people in their relationship with Him while also being culturally sensitive. Before traveling, you will be asked to read and sign Wiphan's Trip Participant Covenant.

A typical day will start with breakfast and morning devotions. Devotions are led by one or two of the trip members. After breakfast, we will head out to minister for the day. Typically, we will not come back to the lodge for lunch, so be sure to fill up at breakfast. We will provide you with water and recommend that you bring individually packaged snacks from home to eat during the day.

While in the compounds, be sensitive to the people in the community and their culture. We are visiting their country, and we are very noticeable. Be respectful in your speech and noise volume. Think about how you would feel if someone were walking up and down your street taking pictures of your home and children. No pictures are to be taken outside of the schools. The students at Wiphan love to be photographed and love to see the pictures. Team members are not allowed to share any contact information with the learners.

Once our daily tasks are completed, we will return to the lodge to freshen up, have dinner, debrief the day, and discuss the activities for the following day.

Eating & Drinking

As discussed above, we will eat breakfast and an evening meal each day. We will spend most days in the compound, so pack a snack each day. While the food in Zambia is quite agreeable to the American palate, it's essential to use caution in the foods you eat. Stay away from any peeled raw fruits and uncooked vegetables (do not eat salads), and make sure that your food is well cooked. You will be provided with plenty of bottled water upon your arrival at the lodge. Make sure you pack as much as you can comfortably carry for the day. Do not drink any tap water or open your mouth in the shower; use bottled water to brush your teeth. Bring snacks that are easy to pack and will not melt, such as canned meat, energy bars, trail mix, etc. Do not pack glass containers of any kind in your luggage.

The Language

The official language in Zambia is English; however, most of the women and children in the compounds will typically only speak in their native local language of Bemba. Our students are taught in English, and our visits are a great way for them to test their skills. There will always be a member of our Zambian staff available to translate. We encourage you to give some of the Bemba words a try...the women and children love it!

Giving

Wiphan asks that you not offer any money or items to anyone at any time. If you feel led to fill a need, it can be done through the Wiphan representative in Zambia by way of your team leader at the correct time. Do not commit to solving a financial issue or commit to providing a gift to anyone at any time. We are there to serve and build relationships with our Zambian friends. Commitments of material or financial benefits always destroy budding relationships.

NOTE: Team members should not ask the Zambian staff to perform any tasks or errands. Any request should go directly to your team leader.

Shopping

There will be an opportunity to shop in Ndola. These are mainly "market" type settings.

Zambian Climate

There are two seasons in Zambia: the rainy season (Nov-May) and the dry season (June-Oct). Zambia has a temperate climate, and its seasons are opposite of those in the continental US. Traveling during the summer months in the US will be winter months in Zambia. It can get as low as 40 degrees F in the early morning hours and at night, and as warm as 80 degrees F during the day. Pack so you can wear layers each day.

Clothing

We have provided a comprehensive list to aid your packing. We want to respect the culture as well as protect ourselves. It's best to stick with a modest, conservative wardrobe.

Packing Checklist

*Be sure to pack your travel documents in your carry-on luggage where they are easy to access.

- | | |
|------------------------------------------------------------------------|---------------------------------------------------------------------|
| <input type="checkbox"/> Passport | <input type="checkbox"/> Personal first aid kit (if desired) |
| <input type="checkbox"/> Toothbrush/Toothpaste | <i>*Trip leader will have a first aid kit for the team</i> |
| <input type="checkbox"/> Deodorant | <input type="checkbox"/> Personal Medications in prescribed bottles |
| <input type="checkbox"/> Razor | <input type="checkbox"/> Aspirin/Tylenol/general pain reliever |
| <input type="checkbox"/> Shampoo/Conditioner | <input type="checkbox"/> Sleep Aid (melatonin) |
| <input type="checkbox"/> Soap | <input type="checkbox"/> Anti-diarrhea medication |
| <input type="checkbox"/> Shower shoes | <input type="checkbox"/> Cold/Allergy Medication |
| <input type="checkbox"/> Brush/Comb | <input type="checkbox"/> Probiotic (i.e. acidophilus) |
| <input type="checkbox"/> Feminine Products | <input type="checkbox"/> Insect Repellent with DEET |
| <input type="checkbox"/> Pocket Kleenex | <input type="checkbox"/> Eye drops |
| <input type="checkbox"/> Glasses/Contacts | <input type="checkbox"/> Chargers & Cables for Electronic Devices |
| <input type="checkbox"/> Sunscreen | <input type="checkbox"/> Ear plugs |
| <input type="checkbox"/> Wet Wipes & Hand Sanitizer | <input type="checkbox"/> Sunglasses |
| <input type="checkbox"/> Bible | <input type="checkbox"/> Books/Magazines for the flight |
| <input type="checkbox"/> Personal Journal & pens or pencils | <input type="checkbox"/> Snacks for each day |
| <input type="checkbox"/> Photos from home of people, not things | <input type="checkbox"/> Sneakers or closed toe shoes |
| <input type="checkbox"/> Backpack | <input type="checkbox"/> Flashlight (power outages are common) |
| <input type="checkbox"/> Camera (Bring extra batteries & memory cards) | |

Extra Suggestions

- | | |
|---------------------------------------------------------------------|----------------------------------------------------------------------|
| <input type="checkbox"/> Hats or Bandanas | <input type="checkbox"/> Bed linens/pillowcase (personal preference) |
| <input type="checkbox"/> Book light | <input type="checkbox"/> Laptop computer |
| <input type="checkbox"/> Travel alarm clock | <input type="checkbox"/> Travel or regular pillow |
| <input type="checkbox"/> Passport holder | <input type="checkbox"/> Noise Canceling Headphones |
| <input type="checkbox"/> Not a Hair dryer (provided at hotel/lodge) | <input type="checkbox"/> Towel (provided at hotels) |

Wardrobe

Women:

The ladies in Zambia dress conservatively, so it's best to keep your clothing choices modest. Long skirts and long pants are the best options; jeans and capri pants are acceptable. Be sure to bring at least one long skirt for the church service. Discreet tops and t-shirts are preferred. Clothing not allowed: shorts outside of the lodge, tank tops, leggings, halter tops, or low-cut or transparent blouses. Dresses are okay as long as the length is past the knee. Bring closed-toe, comfortable shoes for daily wear. Do not bring any dress shoes, even for church. You will want to bring flip-flops for the shower. The weather is chilly in the morning and evening hours but warmer during the day, so layering is the best plan. A lightweight fleece jacket, hooded sweatshirts, or even lightweight sweaters are great to bring. Bring warm pj's as it gets cool at night.

Men:

Pack blue jeans, lightweight khakis/cargo style pants. Be sure to pack at least one pair of nice khaki pants and a dress or collared shirt for the church service. Long-sleeved and short-sleeved t-shirts are best. Bring comfortable shoes. Baseball caps are acceptable for men. Flip flops for the shower and around your room are suggested. A lightweight fleece jacket, hooded sweatshirts, or even lightweight sweaters are great to bring. Packing clothes that can be layered is best.

NOTE:

Keep it simple. Do not overpack for the trip. A clean shirt for each day is suggested, but plan to wear pants or skirts multiple times. Laundry service is available. Be sure to keep a change of clothing in your carry-on luggage for the layover in Johannesburg. Keep the weight limit and size regulations for luggage in mind when packing.

Sharing Contact Information:

You will meet many people on your visit to Ndola. Please do not give out your contact information unless it is approved by the team leader. Your contact information, including email address and social media names, can be used against you if it falls into the wrong hands.

Lodging (Typical locations we stay at)...

Johannesburg, South Africa

City Lodge at OR Tambo International Airport
Kempton Park, Gauteng, 1627, South Africa
+27 11 552 7600, clort.resv@clhg.com

Johannesburg, South Africa

Protea Hotel (Airport/Transit Hotel)
Terminal A at Tambo International Hotel
+27 11 390 1160

Ndola, Zambia

Lifespring Lodge
Plot E 2511 Mushili Road
Ndola